



1st Port Nelson Pack Camping Equipment Fall/Spring Gear List

Parents ensure that your child's medical information is up to date on MyScouts.ca

BEING PREPARED for the weather will mean that everyone can enjoy the outdoors, be comfortable & safe.

CLOTHING:

- Full Uniform (*Including neckerchief*)
- Jacket (waterproof, or a raincoat & warm fleece if their winter jacket is not waterproof)
- Winter Pants/Rain Proof pants
- Socks (preferably wool, 1 pair for sleeping in, 2 pairs per day)
- Long sleeve shirts
- 3 T-shirts
- Long Underwear (Tops & bottoms that can be worn under clothing or as PJs) As the nights get cooler, it makes sense to sleep in extra clothes as you'll need the extra warmth)
- Underwear (fresh pair daily)
- Pyjamas
- Sweater/Fleece
- Toque, Hat & Mittens
- Extra pair of pants
- Good **waterproof** boots **and** 1 pair of shoes (preferably hiking boots)

*It is **extremely** important that you layer clothes in the cooler weather.
When you feel a chill, you can then add layers, change into dry socks etc. to stay warm....
It is far easier to stay warm than get warm up after going cold!*

EQUIPMENT:

- Backpack for everything to be carried in.
- Sleeping bag (rated for cool/cold temperatures)
- Insulated sleeping pad (Therma-rest or blue foam pad *air mattresses* are too cold for fall/spring weather)
- Flashlight (with extra batteries)
- Chapstick, sunscreen, sunglasses
- Toothbrush, toothpaste & toiletries
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap (biodegradable camp soap comes in small bottles and is excellent)

SPECIAL:

- Any medication should be given to the Scouter in Charge along with a set of instructions as to how to administer the medication in case of an emergency
- Snacks: A full menu is planned in advance - please don't send any food in case of youth allergies
- Please note that it is a wise idea to pack your clothes and sleeping bag wrapped in plastic garbage bags if the weather is to be wet (or if there is snow on the ground).
- **Please** label **all** articles with your name.

*The group has equipment that any Cub can borrow if they are short at all.
Please contact your group Scouter if you are in need of anything.*

FINALLY: Please check the forecast when packing to be sure you have everything that you need!