



## 1st Port Nelson Pack Camping Equipment Winter Gear List

Parents ensure that your child's medical information is up to date on [MyScouts.ca](http://MyScouts.ca)

**BEING PREPARED** for the weather will mean that everyone can enjoy the outdoors, be comfortable & safe.

**If your Cub Scout arrives at camp without these, we will contact, you to bring the missing items.**

### CLOTHING:

- Full Uniform (*Including neckerchief*)
- Winter Jacket (we will be spending lots of time outside in the snow)
- Winter Pants/Rain Proof pants
- 2 toques & 2 pair of mittens
- 2 pairs of pants (*ideally* no jeans as cotton gets wet and stays cold!)
- Wool or fleece Socks - 2 pairs per day - *no cotton socks, please*
- 2 long sleeve shirts
- 4 pair of underwear
- 2 T-shirts/Undershirts
- Long underwear (Tops & bottoms, polypro or polyester is best)
- Pyjamas
- Slippers or indoor shoes – *the cabin floors can be cold, and socks won't do*
- Wool Sweater/Fleece Jacket
- Good waterproof boots (preferably Sorel style boots with an extra pair of inserts (look for a label that says at least 50% wool; the best are 75% wool/25% polypropylene). Be sure they have been waterproofed before going to camp!

*It is **extremely** important that you layer clothes in the cooler weather.  
When you feel a chill, you can add layers, change into dry socks etc. to stay warm....  
**It is far easier to stay warm than get warm after going cold!***

### EQUIPMENT:

- Backpack for everything to be carried in.
- Sleeping bag *Note: Cub Scouts stay in a cabin during the winter months*
- Blanket (wool or fleece)
- Insulated sleeping pad (Therma-rest or blue foam pad - *air mattresses are too cold*)
- Flashlight (with extra batteries)
- Chapstick, sunscreen, sunglasses – *it gets very sunny in the winter with the sun reflecting off the snow.*
- Toothbrush, toothpaste & toiletries
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap (biodegradable camp soap comes in small bottles & is excellent) washcloth/facecloth

### SPECIAL:

- Any medication should be given to the Scouter in Charge along with a set of instructions as to how to administer the medication in case of an emergency
- Snacks: The Scouters plan full menus in advance for food/snacks and will have plenty to eat without needing anything from home - **please don't send any food in case of youth allergies**
- Wear loose-fitting clothing in layers so that you can adjust your level of warmth to temperature and activity.
- **Please label all articles with your name.**

### PLEASE NOTE:

*The group has equipment that the Cubs can borrow if they are short anything.  
Please contact you, group Scouter, if you are in need of anything.*

***FINALLY: Please check the forecast when packing to be sure you have everything that you need!***