



1st Port Nelson Troop & Company Winter Gear List

Parents ensure that your child's medical information is up to date on MyScouts.ca

BEING PREPARED for the weather will mean that everyone can enjoy the outdoors, be comfortable & safe.

If your Scout arrives at camp without these, we will contact, you to bring the missing items.

CLOTHING:

- Full Uniform (*Including neckerchief*)
- Winter Jacket (waterproof, raincoat and warm fleece if the winter jacket is not waterproof)
- Winter Pants/Rain Proof pants
- 2 pairs of pants (*ideally* no jeans as cotton gets wet and stays cold!)
- Wool or fleece Socks **only** (1 pair for sleeping in, 2 pairs per day, *no cotton socks, please*)
- 2 long sleeve shirts
- 3 pairs of underwear
- 2 T-shirts/Undershirts
- 2 pairs of long underwear (Tops & bottoms, polypro or polyester is best)
- Long underwear or fleece (Tops & bottoms that can be worn under clothing or as PJs) As the nights get cooler, it makes sense to sleep in extra clothes as you'll need the extra warmth.
- Wool Sweater/Fleece Jacket
- 2 Toques & Scarf (must cover ears, one should be worn at night to keep warm)
- Mittens and gloves (one pair will certainly get wet & you will need a spare)
- Good waterproof boots (preferably Sorel style boots with an extra pair of inserts (look for a label that says at least 50% wool; the best are 75% wool/ 25% polypropylene). Be sure they have been waterproofed before going to camp!

It is extremely important that you layer clothes in the cooler weather. When you feel a chill, you can then add layers, change into dry socks etc. to stay warm....

It is far easier to stay warm than get warm after going cold!

EQUIPMENT:

- Backpack for everything to be carried in
- Sleeping bag (rated for cold temperatures) or two sleeping bags inserted inside each other, or a blanket (wool or fleece) - *We have one extra sleeping bag if you require one.*
- Scout Blanket (Wool or fleece for keeping warm)
- Camp chair
- Insulated sleeping pad (Therma-rest or blue foam pad *air mattresses* are too cold for this weather)
- Flashlight (with extra batteries)
- Chapstick, sunscreen, sunglasses – *it gets very sunny in the winter with the sun reflecting off the snow.*
- Toothbrush, toothpaste & toiletries
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap biodegradable camp soap comes in small bottles & is excellent for doing both)
- Camp knife, whistle, matches and personal first aid kit

SPECIAL:

- Any medication should be given to the Scouter in Charge along with a set of instructions as to how to administer the medication in case of an emergency
- Snacks: The Scouts plan a full menu in advance for food/snacks and will have plenty to eat without needing anything from home
- Please note that it is a *wise idea* to pack your clothes and sleeping bag wrapped in plastic garbage bags if the weather is to be wet (or if there is snow on the ground).
- Please label all articles with your name.

PLEASE NOTE:

- *The group has equipment that any Scouts/Venturers can borrow if they are short at all. Please contact your group Scouter if you are in need of anything.*

FINALLY: Please check the forecast when packing to be sure you have everything that you need!